



**Teaching Adults to lead their Kids**

# Why Aren't Parents Talking?

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- **Don't know how – no modeling**

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- **Confusions**

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## 1. Innocence vs. Ignorance

□□ VS □□

Matthew 10:16b

**Be wise as serpents and innocent as doves**

□□□□ 10:16b

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**Wise – knowledge**

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**innocent – behavior**

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# Why Aren't Parents Talking?

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## Confusions

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### 2. Privacy vs. Pornography

□□ VS □□

### 3. Romantic vs. Illicit

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# Why aren't parents talking?

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## Inaccurate Assumptions

- My child is too young
- Chicken or egg

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# Why Aren't Parents Talking?

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## Lack of Relationship

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## Rules without relationship lead to rebellion

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## “ Boundaries train affections”

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# John 14:15 Jesus “If you love me, you will keep my commandments.”

14:15 “

Why aren't parents talking?

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**Fear of our own Histories**

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**Question: “What about you (mom/dad)...?”**

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# Does Talking Help?

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- **YES –Institute for Youth Development**

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- **Defuse curiosity and experimentation**

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- **YES - Kids listen – JAMA study**

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**Example**

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# What if parents don't talk?

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- **Go elsewhere for information**

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- **Silence – don't want to talk nor listen**

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**RULES WITHOUT RELATIONSHIP LEAD TO REBELLION**

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- **Experimentation – listening to peers and media  
leading to consequences**

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- **Consequences: disease, heart break, self image, depression**

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# Where Kids Get Information about Sex

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Peers □□	49 %
Media □□	28 %
Mom □□	12 %
School □□	7 %
Dad □□	3 %
Church □□	1 %

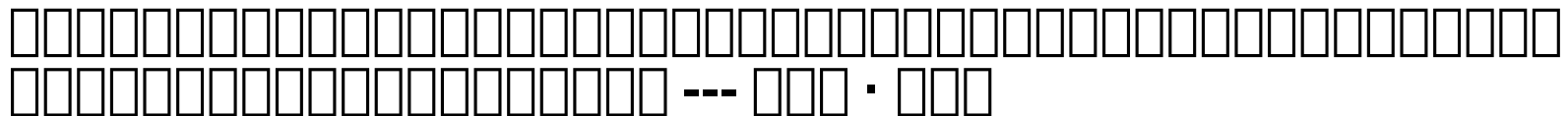
**It is not a question of preventing  
children from getting information,  
it is a question of who is going to  
lead them.**



# Be the first to speak



**“The reality is that whoever speaks to a child first about sex and gender will set the bar for what is understood to be true, resulting in everything they hear after that being measured in light of whatever they heard first.”** (Walt Mueller)



# Talk Early and Often



- **Get over awkwardness and embarrassment**



- **Teaches kids to bring their questions home**



- **Develops close intimate relationships between children and parents**



- **If you can talk about sex – you can talk about anything!**

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- **Lays the foundation for talk about dating, marriage and God's design for sex.**



# First Conversations

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- **Name body parts and functions correctly**

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- **Correct Misunderstandings**

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- **How much is too much**

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# Preschool and Early Grades



- **Continual conversations**



- **Answer all questions – not necessarily with ALL you know but enough to satisfy their curiosity.**



- **Use analogies – if needed**

## example



- **Prepare for Puberty**



# Physical Changes in Puberty – Girls

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Range □□	Average □□□□	Duration of Changes □□
8-15	10-12	4 years □□□

Order of changes:

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Height, Weight, Breasts, Vaginal Discharge, Menstrual Periods

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# Physical Changes in Puberty – Boys

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Range □□	Average □□□□	Duration of Changes □□
8-16	11-13	4 years □□□

Order of changes:

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**Scrotum, Penis, Ejaculation, Height, Weight, Hair, Voice**

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# Physical changes – boys and girls

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- **Breasts may develop at different rates**

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- **Vaginal discharge can occur up to 2 years before first menstrual period**

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- **50-85% of boys may experience some breast development.**

**50-85%** □□□□□□□□□□□□

# Topics for Middle School

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- **Reproduction**

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**Sexual intercourse**

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**Fetal Development**

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- **“Fearfully and wonderfully made”**

**Psalms 139:14**

“ □□□□□□□□ ”

□□ **139:14**

- **You won your first race...**

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# Middle School Topics – Cont.

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- **Masturbation**

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- **Opening the topic**

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- **4 Principles 4** □□□

- **Less is best, none is better**

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- **Walk line between guilt and obsession**

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- **DO NOT link with pornography**

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- **NEVER allow as substitute in marriage**

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